# After Hours Support Residential Aged Care





## After-hours support resources guide

This document describes how Residential Aged Care Homes (RACHs) may use these resources to support after-hours planning.

#### Why should you use these resources?

- Support your RACHs compliance with the Aged Care Quality Standards.
- Improve access to services and triage options when care requires escalation after-hours.
- Build your RACHs digital capability to enhance connected care for your residents.
- Reduce potentially preventable hospitalisations.

#### How to use these resources:

#### A. Start with the after-hours preparation audit

- This maps after-hours considerations to the Aged Care Quality Standards.
- It can also support your continuous quality improvement or 'plan' 'do' 'check' 'act' (PDCA) cycle.

## B. Use the support kit to help with your audit

- There are three domains in this support kit, they can be considered in any order.
- The information below describes how you might consider using them.
- The domains affect each other impacting quality of care and access to services.
- No domain should be considered without consideration to the others

#### Domain 01 - Escalation of care

- Review your after-hours protocols.
- Identify opportunities for improvement.

### Domain 02 - Digital capability

- Learn about the benefits of digital health in aged care.
- Consider telehealth, My Health Record and other digital health tools.

#### **Domain 03 - Available services**

- Find the providers you need to close service gaps during after-hours.
- Consolidate your after-hours network of servicing GPs and specialists.

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Escalation of Care	<ul> <li>Escalation of Care Flow Chart (simple)</li> <li>Advanced care planning support</li> <li>Recognising Clinical Deterioration</li> <li>Clinical Handover</li> </ul>
Digital Capability	<ul> <li>Digital Health in Aged Care</li> <li>My Health Record in Aged Care</li> <li>My Health Record Checklist</li> <li>Glossary – My Health Record</li> <li>Telehealth Guidance</li> <li>Visionflex telehealth orientation flyer for agency staff</li> </ul>
Available Services	<ul> <li>Service Finder</li> <li>Clinician Assist WA user registration guide.</li> <li>Access Checklist</li> <li>Access Template for external providers</li> <li>Services Directory (Excel format)</li> <li>Services Directory (Word format)</li> </ul>

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