

headspace Hedland opens its doors

6 February 2023

- **headspace Hedland is open, located at 21/1 Lawson Street, South Hedland.**
- **headspace Hedland provides the full range of headspace services including mental health, physical and sexual health, work and study support and alcohol and other drug services.**

headspace Hedland has opened its doors, providing young people, their families and friends access to youth friendly support for their mental health and wellbeing.

Anglicare WA, appointed as lead agency to run the new centre, has utilised their strong local partnerships and connection with the region's young people in the development of this new headspace service. They have been running the headspace Pilbara Outreach Program since it began in 2017 and headspace Karratha, that opened earlier this year.

headspace Hedland is centrally located near to North Regional TAFE, Hedland Senior High School, other youth friendly services and is on the public transport route. It will provide the full range of headspace services including mental health, physical and sexual health, work and study support and alcohol and other drug services.

Comments attributed to Anglicare WA CEO, Mark Glasson:

“The opening of headspace Hedland is an exciting moment for Anglicare WA, it's the first-time we've had a base to deliver services from for the local community.

“We're not new to town, we've been here for several years running the headspace Pilbara Outreach Program, Australia's first and only headspace without a bricks and mortar building. Since 2017, we've been working with young people in the places where they gather and feel safe; now, they can also come to us at the headspace Hedland centre.

“headspace Hedland is much more than the building; the service that will be delivered from the Centre is the outcome of months of community consultations and workshops involving young people and their families, other service providers, Aboriginal Community Controlled Organisations, the Town of Port Hedland, WA Primary Health Alliance, and the broader community.”

Comments attributed to WA Primary Health Alliance General Manager Commissioned Services, Mark Cockayne:

“Anglicare WA has done a fantastic job working with local stakeholders, providers and the community to make headspace Hedland a reality. The new centre, along with headspace Karratha and the headspace Pilbara Outreach Program, will mean young people in the region feel safe and welcome when they need support.”

MEDIA RELEASE



Comments attributed to headspace CEO, Jason Trethowan:

'It's wonderful to see the new headspace Hedland centre up and running in the community. The headspace Pilbara Outreach Program has been incredibly successful in taking the principals of headspace out into communities to reach young people where they are and in a way that's most appropriate for them. The headspace Hedland site will be an extension of this great work, providing young people and their families with a permanent location they can access for support during tough times.

"Young people and their families have the right to safe and inclusive support available at services like headspace. headspace Hedland will be a welcome addition to the local community, providing young people and their families in the area with a space designed by them and dedicated to them that they can go to for help."

Young people aged 12 to 25, and their families and friends, can contact headspace Hedland directly or be referred by their GP or mental health professional.

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ENDS

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About Us

WA Primary Health Alliance shapes, strengthens and sustains primary health care through partnerships and strategies that improve people's access and health outcomes. As the operator of WA's three Primary Health Networks – part of the Australian Government national PHN program – we help communities and people most at risk of poor health to get better access to care closer to home. We achieve this by supporting general practice to deliver the highest quality patient care, funding local primary health care services based on community needs and connecting local services to simplify the health care system. Along with our strong partnerships, our statewide structure allows us to deliver better health, together for the benefit of the WA community. For more information, visit www.wapha.org.au

About headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12–25-year-olds. headspace has 150 centres across Australia in metropolitan, regional and remote areas, as well as online and phone support services through eheadspace. headspace can help young people with mental health, physical health (including sexual health) alcohol and other drug services, and work and study support. Centre details, as well as factsheets and resources for young people and their families and friends, can be located on the headspace website www.headspace.org.au